

Carter County Schools' Breakfast Menu 2022-2023 SY

AUGUST 2022						
S	M	T	W	T	F	S
		16	17	18	19	
	22	23	24	25	26	
	29	30	31			

SEPTEMBER 2022						
S	M	T	W	T	F	S
				1	2	
	X	6	7	8	9	
	12	13	14	15	16	
	19	20	21	22	23	
	26	27	28	29	30	

OCTOBER 2022						
S	M	T	W	T	F	S
	X	X	X	X	X	
	10	11	12	13	14	
	17	18	19	20	21	
	24	25	26	27	28	
	31					

NOVEMBER 2022						
S	M	T	W	T	F	S
		1	2	3	4	
	X	X	9	10	11	
	14	15	16	17	18	
	21	22	X	X	X	
	28	29	30			

DECEMBER 2022						
S	M	T	W	T	F	S
				1	2	
	5	6	7	8	9	
	12	13	14	15	16	
	X	X	X	X	X	
	X	X	X	X	X	

JANUARY 2023						
S	M	T	W	T	F	S
	2	3	4	5	6	
	9	10	11	12	13	
	X	17	18	19	20	
	23	24	25	26	27	
	30	31				

FEBRUARY 2023						
S	M	T	W	T	F	S
			1	2	3	
	6	7	8	9	10	
	13	14	15	16	17	
	20	21	22	23	24	
	27	28				

MARCH 2023						
S	M	T	W	T	F	S
			1	2	3	
	6	7	8	9	10	
	13	14	15	16	17	
	20	21	22	23	24	
	27	28	29	30	31	

APRIL 2023						
S	M	T	W	T	F	S
	X	X	X	X	X	
	10	11	12	13	14	
	17	18	19	20	21	
	24	25	26	27	28	

MAY 2023						
S	M	T	W	T	F	S
	1	2	3	4	5	
	8	9	10	11	12	
	15	X	17	18		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage Pancake on a Stick/Syrup Or Cereal & Toast Juice Applesauce Milk	Pop Tart Or Cereal & Toast String Cheese Juice Peaches Milk	Chicken Biscuit Or Cereal & Toast Juice Pears Milk	Wildberry Bread Or Cereal & Toast String Cheese Juice Strawberry Cup Milk	Biscuit & Gravy Or Cereal & Toast Juice Fresh Fruit Milk
WEEK ONE				
Breakfast Pizza Or Cereal & Toast Juice Applesauce Milk	French Toast/Syrup Or Cereal & Toast String Cheese Juice Peaches Milk	Chicken Biscuit Or Cereal & Toast Juice Pears Milk	Muffin Or Cereal Yogurt Juice Mixed Berry Cup Milk	Egg & Cheese Sandwich Or Cereal & Toast Juice Fresh Fruit Milk
WEEK TWO				
Pancake Dippers/Syrup Or Pop Tart Juice Applesauce Milk	Cinnamon Bun Or Cereal & Toast String Cheese Juice Peaches Milk	Sausage Biscuit Or Cereal & Toast Juice Pears Milk	Donuts Or Cereal & Toast String Cheese Juice Mixed Berry Cup Milk	Muffin Or Cereal Yogurt Juice Fresh Fruit Milk
WEEK THREE				

Adult Lunch \$4.85
Adult Breakfast \$2.90
*Students eat at no cost**
**In order to receive meals at no cost students must take ½ cup fruit, juice or vegetable and at least two other items/components at breakfast and lunch!*

Carter County Schools is an equal opportunity provider.